



MAISON PAPILLON

At Maison Papillon, our ethos embraces a harmonious approach to well-being. Each session, training, and retreat unfolds a specially crafted itinerary, weaving together not just yoga but also the art of mindfulness meditation, communal activities, serene nature strolls, local excursions and wholesome feasts crafted from the bounty of nearby lands.

Founded by Alexa, an inspiring yoga teacher and Ayurvedic Massage Therapist, Maison Papillon stands as a haven nestled in Le Perche, Normandie, the verdant countryside near Paris. Comprising two enchanting houses amidst nature's embrace, this sanctuary offers a panoramic vista of rolling fields, a tapestry alive with flora and fauna, rendering it an idyllic setting for transformative retreats and enriching trainings.

Within the walls of this sacred abode lie amenities such as a tranquil pool, a rustic kitchen infused with warmth, lush gardens whispering tales of serenity, a cozy living space inviting moments of connection and contemplation.



HOW TO GET THERE

How to get there from Orly
2H30 in total

- 45 min with the metro
 - Metro line 14 direction : Saint Denis
 - from orly to STOP: Brecy
 - Metro line 6 direction : Charles de Gaulle Etoile
 - From Brecy to STOP : Montparnasse
- At Station Montparnasse take train TER direction Le Mans , stop at Nogent le Rotrou
1h30 with the train

How to get there from Roissy
3H in total

- 60 min to Montparnasse
 - RER B from CDG STOP to : Denfert Rochereau
 - Metro line 6 stop to Montparnasse
- At Station Montparnasse take train TER direction Le Mans , stop at Nogent le Rotrou
1h30 with the train